

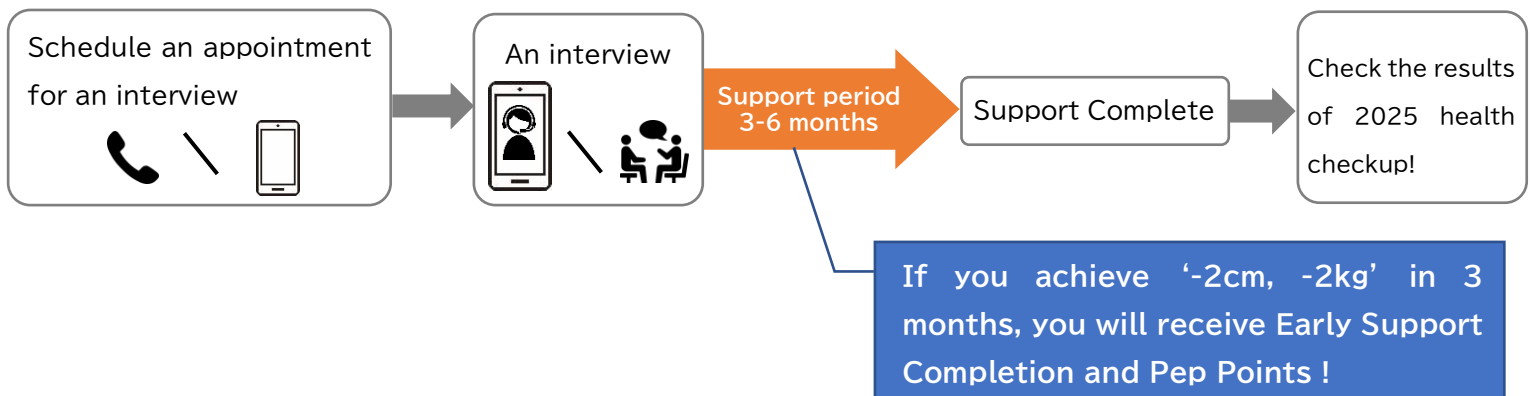
Over40 Health Support in 2024

FR Group companies and the FR Health Insurance Organization work together to promote the health of employees.

The result of 2024 health checkup shows a high risk of lifestyle-related diseases. Good physical condition gives you energy for work and life, so please participate in this program.

<Health Support Flow>

※Interviews, telephone support, and information on the health guidance My Page are all in Japanese.



<How to Schedule an appointment for an interview>

Schedule an appointment for an interview either way.

①SOMPO Health Support website **[Japanese (language) only]**

Easy with your phone.
Recommendation.

Apply via Google Form(2D code) ▶▶▶<https://forms.gle/MPVsPHmKyHafGZwd7>

We will later send you information about the SOMPO Health Support website by e-mail.



②Consultant's call (*The contractor will call you by the name on your health insurance card.)

Consultant's Calling Number **0120-559-870**

If you cannot answer the phone, be sure to call back (9am to 5pm weekdays)

[Decline support due to resignation or other reasons]

If you wish to decline this support, please be sure to submit a declination request via the Google Form.(2D code) ▶▶▶<https://forms.gle/A8daUBudUUTSsVqJ9>

