

FR Group Medical check up recommended facilities

Please make sure to read it!

- Please be sure to select the health screening course that is indicated in the chart below.
- In each health checkup course, ① is for ages 29 and under and ② is for ages 30 and over. Some health checkup institutions may have different age categories for the health checkup courses.
- The cost of a checkup is the basic fee. Additional fees such as doctor's fee or additional menu may be charged depending on the facilities. If you add your own options to the specified course, you are basically responsible for the cost of those options.
- If you really want to add an option within the insurance coverage, please check with the Cigna insurance office before implementing it yourself.
- From this year, please submit an "Report on completion of medical checkup Appointment" to the company when you have completed your checkup appointment. You can do so by filling out the " medical checkup appointment completion report form" below. (Appointment arrangement period is until December 31. Employee only fill out)
- For Cigna cashless service support, please refer to column E in the table, "Cigna Cashless Service". For medical institutions that do not offer this service, you will need to make a one-time advance payment and then go through the reimbursement process with your insurance company.
- For information on the automatic transfer service of health checkup results, please refer to "Automatic Transfer of Health Checkup" in column F in the table. For medical institutions that are not available, you will need to submit the results to the Wellness Center by yourself.
- If the medical checkup is conducted overseas, you are required to answer the medical questionnaire when submitting the results. Please check [Submission of the questionnaire and result] as below.

Medical checkup ppointment completion report form

Consent Form for automatic sending of result

Submission of the questionnaire and result

Country	City	Hospital Name	Address /Booking	Cigna cashless service	Automatic transfer of results	Program		List of test items
						① under 29 years old	② over 30 years old	
CHINA	Shanghai	TOWA Medical center http://www.towa-clinic.com/c/134.html	上海市長寧區天山路919號 虹橋天都3層 Tel:021-5299-1377 mon-thur-fri-sat-sun 8:30-12:00 / 14:00-16:00 [Note] To make an appointment, Please call TENZAN Clinic and tell your that you request [UNIQLQ medical checkup].	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① General medical checkup ※For female, Pls add gynecology check(cervical cytology)	② Ningendokku ※For female,pls add gynecology check(cervical cytology) and Breast check(ultrasound)	Click here
		Shanghai Green Clinic http://www.greenclinic.com.cn/	上海市仙霞路88號太陽廣場東塔1F(medical) Tel:021-6295-0011*300 weekday 8:45-12:30/13:45-17:30 sat 8:45-12:30/13:15-14:30	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① B course + HbA1c ※For female, Pls add gynecology check	② A course + HbA1c ※For female, Pls add gynecology check and Breast check (choose mommo or Breast Ultrasound)	Click here
		Senmao International Medical Center https://senmaoclinic.co.jp/	上海市浦東新區陸家嘴環路1000號恒生銀行大廈3層 Tel:021-6841-0513,0385 mon-fri 8:00-17:30 sat 8:00-16:30	○	x	① Lifestyle disease prevention ※For female, Pls add cervical cytology	② Ningendokku ※For female, Pls add cervical cytology and Breast check (choose mommo or Breast Ultrasound)	Click here
HONG KONG	Hong Kong	Hong Kong Kenko Kanri Center www.hkkcc.com/	Room 3605, 36/F., World Trade Centre, 280 Gloucester Road, Causeway Bay, Hong Kong Tel:2881-6606 Fax:2577-2601 E-mail:kenko@hkkcc.com 9:15-12:00 / 14:30-16:00 ※Close:wed-sat noon, sun-	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① Adult total medical check menu ※For female, Pls add Gynecology check	② Adult total medical check menu, add ABC check and abdominal ultrasound ※For female, Pls add Gynecology check and [mommography 2D] Attention!: unserectable of chest Xray and Stomach test(Brium ,gastroscopy)	Click here
KOREA	Seoul	Konkuk University Medical Center http://www.kuh.ac.kr/japanese/	120-1 Neungdong-ro (Hwayang-dong), Gwangjin-gu, Seoul 143-729, Korea Tel:82-2-2030-8361(English only) Fax:82-2-2030-8363 (English only)	○	x	Comprehensive Healthcare Program : Male : under49y Male : over50y Female : under34y Female : from 35y to 49y Female : over50y	Click here	
TAIWAN	Taipei	Taiwan Adventist Hospital http://www.tahsda.org.tw/en/	台北市八德路2段424號 Tel:886-2-2776-2654 Fax:886-2-2711-5802 mon,thurs 9:00-12:00 / 14:00-17:00 / 18:00-21:00 fri 9:00-12:00 sun 9:00-12:00 / 14:00-17:00	○	x	① "C-愛" course ② Male "喜樂"course Female "感恩"course	Click here	
MALAYSIA	Kuala Lumpur	HIBARI CLINIC https://hibarclinic.com/my/	Lot L2-01, 2nd floor, 1 Mont Kiara Mall, Kompleks 1 Mont Kiara, No. 1, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur, Malaysia AM : 9:00~13:00 PM : 14:00~22:00 [Appt] Tel : 03-6211-5919 e-mail : info@hibarclinic.com	○	x	① Premium course ※Female add cervical cytology	② Special course + HbA1c	Click here
		PANTAI MEDICAL CENTRE (DR.LAU POH YOK M.D.) https://www.pantai.com.my/kuala-lumpur	GROUND FLOOR, PANTAI MEDICAL CENTRE, 8 JALAN BUKIT PANTAI 59100 KUALA LUMPUR, MALAYSIA Tel:+60-3-2283-3479/+60-3-2296-0439 Fax:+60-3-2282-8213 (english) mon-fri 8:00-17:00 sat 8:00-13:00	x	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① B course ※For female,Pls add cervical cytology	② A course ※For female, Pls add cervical cytology and Breast Ultrasound or Mommography	Click here
PHILIPPINES	Manila	The Japanese Association, Manila Inc. https://jami.ph/clinic/	23 Floor Trident Tower, 312 Sen. Gil Puyat Ave. Salcedo Village, Makati City, Philippines Tel: +63-2-818-0880 / +63-2-819-2762 Fax: +63-2-819-2811 Mail:jami-clinic@jami.ph	x	x	① Standard-A ※For female, Pls add cervical cytology	② Standard-A ※For female, Pls add cervical cytology and Breast Ultrasound [attention] co-worker only; after recieved your medical report, Pls make copy or scan PDF and send wellness center in JPN	Click here
		Tokyo Healthlink alabang	R-2 El Molito Bldg Madrigal Avenue Ayala Alabang Muntinlupa City e-mail:japanese@tokyohealthlink.net Tel:0917-808-8874 Web:https://www.tokyohealthlink.net/japanese open : Mon-Fri Mon. Wed. Thur. Fri : Female Dr Tues. Fri : Male Dr(JPN) [Appointment] Please contact by e-mail ※inform your medical checkup cause and company name"Fastretailing" ※receive a reply from the hospital. You will be asked to answer a questionnaire to confirm your physical condition.	○	x	① ECU Package for FR under29 ys old ※For female add cervical cycology	② ECU Package for FR over 30ys old ※For male: Add PSA ※For female add cervical cycology and Brest Test (Choice of mammography or breast ultrasound) ※Gastrointestinal endoscopy can be added (Depends on the person's wishes)	Click here
THAILAND	Bangkok	Bumrungrad International Hospital https://www.bumrungrad.com/japanese	33 Sukhumvit Soi 3,Wattana Tel:02-667-1501 Mail:infojapan@bumrungrad.com mon-fri:7:00-20:00 sat-sun-Holiday:7:00-19:00	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① Male : Executive Female : Executive-female	② Male : Comprehensive(Uniqlo)-without EST Female : Comprehensive-female/NoPap NoManmo ※For female : under40y/Comprehensive-Under40 over40y/Comprehensive-PlusOver40 ★addable of breast check	Click here
		Samitivej Sukhumvit Hospital https://www.samitivejhospitals.com/jp/	133 Sukhumvit 49 Klong Nua Tel:02-711-8122~4(Japanes Service Section) Fax:66-2711-8336 [MC appointment] Tel:020-222-334 Mail:japan@samitivej.co.jp ※weekday 8:00-17:00	○	x	① Male: Male1 Female : Female1	② Male : Male2 , add Brium Female : Female2, add Brium	Click here
		DYM International Clinic https://dymclinic.com/	139, RQ49 Mall 4th Floor, Unit 541, Soi Sukhumvit 49(Kiang), Klongton-Nua, Wattana, Bangkok 10110 [Weekday] 9:00~18:00 (reception 17:30) [Sat,Sun]9:00~18:00 (Reception 17 : 30) TEL : +66(0)2-107-1039 https://dymclinic.com/reservation/	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① FR under 29 Ys Course ② FR over30Ys Course	Click here	

Country	City	Hospital Name	Address	Cigna cashless service	Automatic transfer of results	Program ① under 29yo ② over 30yo	
VIETNAM	Ho Chi Minh City	LOTUS CLINIC Ho Chi Minh http://www.lotus-clinic.com/	THE LANCASTER 3F, 22-22Bis Le Thanh Ton St., Ben Nghe Ward, Dist 1, Ho Chi Minh City Tel: 84-8-3827-0000 Fax: 84-8-3824-3685 Mail: info@lotus-clinic.com mon-fri 9:00-18:00 / sat 9:00-13:00	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① FR course ※ For female, Pls add cervical cytology ② General "SOUGO" course ※ For female, Pls add cervical cytology and Breast ultrasound ※ Serectable Brium or gastroscopy (same price) ※ Funduscopy and sputum test are only performed when ordered by Doctor. ※ 35/40/45/50/55/60/65ys old, Pls add pylori IgG test	Click here
		DYM Medical center Vietnam HCMC District 1 Clinic https://jp-dymmedicalcenter.com.vn/	Unit B103, m plaza, 39 Le Duan Street, Ben Nghe Ward, District 1, Ho Chi Minh City Tel: 028 3521 0172 Web Appt : http://jp-dymmedicalcenter.com.vn/visit-site/healthcheck/ Mon~Sat 8:00~17:00	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① FR under 29Ys Course Basic ② FR over 30Ys Course Comprehensive	Click here
	Hanoi	LOTUS CLINIC Hanoi http://www.lotus-clinic.com/	No.1+No.2, D2 bldg., Giang Vo St., Ba Dinh Dist., Hanoi Tel: 84-24-3817-0000 h-info@lotus-clinic.com ● Mon-Fri 9:00~12:30 / 14:00~18:00 ● Sat 9:00~13:00 ● Appointment 8:30~17:30 ● Close: Sat noon, Sun, Holiday	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① FR Course ※ For female : add cervical cytology ② General "SOUGO" course ※ For female, Pls add Cervical cytology and Breast Ultrasound ※ Serectable Brium or gastroscopy (same price) ※ Funduscopy and sputum test are only performed when ordered by Doctor. ※ 35/40/45/50/55/60/65ys old, Pls add pylori IgG test	Click here
		DYM Medical center Hanoi clinic https://jp-dymmedicalcenter.com.vn/hanoi	Basement 1, Epic Tower, 19 Duy Tan Street, Dich Vong Hau ward, Cau Giay district, Hanoi Tel: 024 7771 0170 Web Appt : https://jp-dymmedicalcenter.com.vn/healthcheck Mon~Sat: 8:00~15:00	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① FR under 29Ys Course Basic ② FR over 30Ys Course Comprehensive	Click here
INDONESIA	Jakarta	WellBe-medical checkup at Mayapada Hospital	Jl. Lb. Bulus Raya 1 No. Kav. 29, RT.6/RW.4, Lb. Bulus, Kec. Cilandak, Kota Jakarta Selatan, Daerah Khusus Ibukota Jakarta 12440 [Booking method] Fill out the Health Examination Application Form and send it. e-mail: jakarta-kenshin@wellbemedic.com Tel : 021-22765190 (weekly 8:30~16:30) ★ Contact for an appointment at least 14 days prior to the desired date of the medical checkup. ★ Click here for the health checkup application form.	○	×	① Standard course + Chest Xray ※ Female : Add cervical cytology ② Standard course + Chest Xray + Brium enema + abdominal Ultrasound ※ Female : Add cervical cytology Add breast ultrasound or mammography ※ Male : Add PSA If you wish to add optional medical checkup items other than those listed above, please pay for the additional tests by yourself. The results of the medical checkups will be reported in English.	Click here
		Kyoai Medical Services https://www.kyoaims.com/	Wisma Keiai 6th floor, Jend. Sudirman kav. 3-4 Tel: 021-5790-5850	×	×	① A course ※ For female, Pls add cervical cytology ② D course ※ For female, Pls add cervical cytology and Breast Ultrasound. *Corona infection requires a corona antibody or antigen test (IDR 150,000) to be performed prior to the checkup. As for the cost, it is covered by Cigna insurance.	Click here
SINGAPORE	Singapore	Japan Green Clinic https://www.japan-green.com.sg/	290 Orchard Road #10-01 Paragon, Singapore 238859 Tel: 65-6734-8871 Fax: 65-6733-1213 e-mail: reception@japan-green.com.sg	○	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① E course, add audio and eyesight ※ For female, Pls add gynecology check ② C course, add audio and Abdominal Ultrasound ※ Gastric endoscopy can be added for those who wish to have a gastric examination. ※ For female, Pls add gynecology check and Breast Ultrasound	Click here
		The Japanese Association Clinic, Singapore www.japanese-clinic.com.sg/	120 Adam Road, Singapore 289899 Tel: 65-6467-0070 (JPN) 65-6469-6488 Fax: 65-6467-1298 Mail: clinic@jas.org.sg Mon-Fri 9:00-12:00 / 14:00-17:00 Sat 9:00-12:00 ※ Sun, Holiday close	×	○ need to submit a consent form for automatic sending of results when you apply for a health checkup.	① Standard course ※ For female, Pls add cervical cytology ② Brium plus course ※ For female, Pls add cervical cytology and Breast ultrasound or mammography	Click here
AUSTRALIA	Melbourne	Paramount Medical Clinic http://paramountclinic.com.au/#	Suite 4-5, The Paramount Centre 108 Bourke Street Melbourne, Victoria 3000 Tel: 03-9654-9818 Fax: 03-9654-9828	×	×	① Male : General medical checkup, add chest Xray Female : Female General medical checkup, add chest xray and cervical cytology ② Male : General medical checkup, add chest Xray and abdominal ultrasound Female : Female General medical checkup, add chest xray and cervical cytology, abdominal ultrasound, breast ultrasound or mammography	Click here
BANGLADESH	Dahka	SHIP INTERNATIONAL HOSPITAL (Japan east west medical college hospital) https://jewmch.com/	Aichi Nagar, JBKS Sarani, Horirampur, Turag, Dhaka, 1711 [Contact for reservations] Mr Kumazaki Kumazaki@shiphospitalbd.com	○	×	① FR under 29Ys Course For female, Please add cervical cytology and Breast Ultrasound ② FR over 30Ys Course For female, Please add cervical cytology and Breast Ultrasound, Mammography ※ When you make an appointment for a health checkup, please send an e-mail to Ms. Kumazaki with the following information: company name "Fast Retailing," desired course (one of the above), name, DOB, and contact information.	Click here

Country	City	Hospital Name	Address	Cigna cashless service	Automatic transfer of results	Program ① under 29yo ② over 30yo	
INDIA	Bangalore	WellBe medical checkup at NURA Ai Health Screening Center	376, 100 Feet Rd, Indiranagar, HAL 2nd Stage, Bengaluru, Karnataka [booking method] ✓ Fill out the medical checkup application form and send it to the address below. bangalore-in@wellbemedic.com Tel : 0124-4990400 (weekday 9:00~17:00) ★ Contact for an appointment at least 14 days prior to the desired date of the medical checkup. ★ Check here for the health checkup application form.	○	×	①② Simple plan for all age, Male and Female ✓ When making a health checkup appointment, send a "Health Checkup Application Form" to the e-mail address where the appointment is to be made to make the request. ✓ If you wish to add optional medical checkup items other than those listed above, please pay for the additional tests by yourself. The results of the medical checkups will be reported in English.	Click here
		WellBe medical checkup at SakraPremium Clinic https://www.wellbemedic.com/en/	1st Floor, Bren Mercury, Kaikondrahalli Junction, Marathahalli-Sarjapur Rd, Bengaluru, Karnataka 560035 [booking method] ✓ Fill out the medical checkup application form and send it to the address below. bangalore-in@wellbemedic.com Tel : 0124-4990400 (weekday 9:00~17:00) ★ Contact for an appointment at least 14 days prior to the desired date of the medical checkup. ★ Check here for the health checkup application form.	○	×	① Expatriate plan ※ For female, Please add cervical cytology ② Premium plan ✓ When making a health checkup appointment, send a "Health Checkup Application Form" to the e-mail address where the appointment is to be made to make the request. ✓ If you wish to add optional medical checkup items other than those listed above, please pay for the additional tests by yourself. The results of the medical checkups will be reported <u>in English</u> .	Click here
	gurgaon	WellBe medical check up at NURA Ai Health Screening Center	Plot No.4P, Golf Course Rd, Sector 43, Gurugram, Haryana [booking method] ✓ Fill out the medical checkup application form and send it to the address below. newdelhi-in@wellbemedic.com Tel : 0124-4990400 (weekday 9:00~17:00) ★ Contact for an appointment at least 14 days prior to the desired date of the medical checkup. ★ Check here for the health checkup application form.	○	×	①② Simple plan for all age, Male and Female ※ over 30 years, add gastroscopy. ✓ When making a health checkup appointment, send a "Health Checkup Application Form" to the e-mail address where the appointment is to be made to make the request. ✓ If you wish to add optional medical checkup items other than those listed above, please pay for the additional tests by yourself. The results of the medical checkups will be reported in English.	Click here
		WellBe medical checkup at Fortis Memorial Research Institute https://www.wellbemedic.com/en/	Building No. 10C, Upper Ground Floor, DLF Cyber City, Phase II, Gurugram, Haryana 122002 [booking method] ✓ Fill out the medical checkup application form and send it to the address below. newdelhi-in@wellbemedic.com Tel : 0124-4990400 (weekday 9:00~17:00) ★ Contact for an appointment at least 14 days prior to the desired date of the medical checkup. ★ Check here for the health checkup application form.	○	×	① Standard course ※ For female, please add cervical cytology ② Standard Course add Gastroscopy or Gastic Barium ※ For male: Add PSA ※ For female: Add cervical cytology and mammography or Breast ultrasound ✓ When making a health checkup appointment, send a "Health Checkup Application Form" to the e-mail address where the appointment is to be made to make the request. ✓ If you wish to add optional medical checkup items other than those listed above, please pay for the additional tests by yourself. The results of the medical checkups will be reported <u>in English</u> .	Click here
	Mumbai	WellBe medical checkup at Nura Ai Health Screening Center https://www.wellbemedic.com/en/service/	254D, Dr Annie Besant Road, SudamKaluAhireMarg, Worli, Mumbai, Maharashtra 400030 [booking method] ✓ Fill out the medical checkup application form and send it to the address below. newdelhi-in@wellbemedic.com Tel : 0124-4990400 (weekday 9:00~17:00) ★ Contact us for an appointment at least 14 days prior to the desired date of the medical checkup. ★ Check here for the health checkup application form.	○	×	①② Simple plan for all ages, Male and Female ✓ When making a health checkup appointment, send a "Health Checkup Application Form" to the e-mail address where the appointment is to be made to make the request. ✓ If you wish to add optional medical checkup items other than those listed above, please pay for the additional tests by yourself. The results of the medical checkups will be reported in English.	Click here