

FY2024
Fast Retailing Group

Guide to the Annual Health Checkup

Appointment period Monday, April 01–Friday, May 31, 2024

Checkup period Monday, April 15–Saturday, August 31, 2024

You are eligible to undergo the annual health checkup only once during the specified period.
(Appointments/checkups are available only during the specified period)
Please book early if you wish to take optional tests, a standard checkup or a advanced checkup.

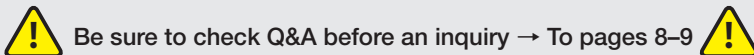
Persons eligible for the annual health checkup in FY2024

Employees with employee status (classified as junior employees “Jun Shain” or above) at Fast Retailing Group (FR) in Japan as of February 29, 2024 and who continue to hold that status on the day of the health checkup

- * Board members are also eligible if insured by FR Health Insurance Organization.
- * If you are a temporary “arbeits” employee aged 40 years or older and a member of FR Health Insurance Organization, you are also required to take the health checkup by law. So, please make sure to undergo the checkup. If you are under 40 years old, you can undergo the health checkup on a voluntary basis.
- * Not eligible if you have become a temporary “arbeits” employee (FR Health Insurance Organization non-member) after April 01.

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Wellness Communications Corporation
Health Checkup Booking Center

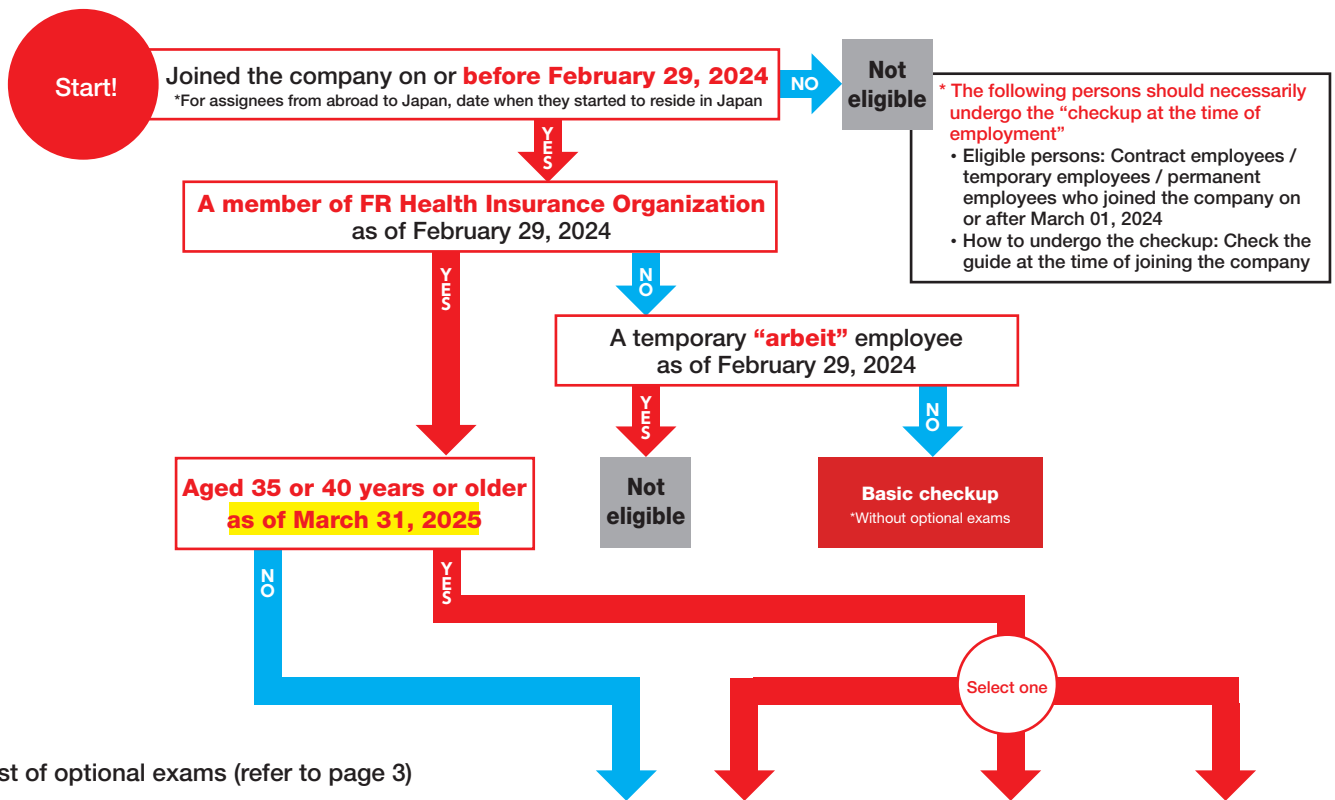
TEL: 0570-052-002
Japanese guidance followed by English guidance.

Contact

Hours	8:30 to 19:30
Non-business days	Saturdays, Sundays, public holidays, Dec. 28 to Jan. 5

* Calls to the Navi Dial number shown in this pamphlet are received on an ordinary telephone line. The caller is responsible for all call charges to the destination. Call charges will be billed by NTT Communications even if you are registered with the MYLINE Carrier Selection Service.
* If you wish to speak to an operator, please follow the instructions from the Navi Dial and choose the numbers.

How to select checkup courses and optional exams



* The following persons should necessarily undergo the "checkup at the time of employment"

- Eligible persons: Contract employees / temporary employees / permanent employees who joined the company on or after March 01, 2024
- How to undergo the checkup: Check the guide at the time of joining the company

List of optional exams (refer to page 3)

Your checkup course ▶		Basic checkup	Standard checkup	Advanced checkup
▼ Selectable optional exams		Basic items required by Japanese laws and regulations 34 years and younger 36 - 39 years old	Stomach cancer screening is omitted (as compared to comprehensive medical examination). 	Includes stomach cancer screening (can be changed to gastroscopy).
All	ABC checkup or Helicobacter pylori test *For those who haven't taken the examinations before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Stomach cancer screening	Every 5 years from the age of 20	Every 5 years from the age of 35	
	Stomach X-ray	×	×	■ Select one (included in the course)
	Gastroscopy	×	×	
Colon cancer screening	Fecal occult blood test	×	40 years old and over	● Included in the course
Tonometry		×	×	● Included in the course
Female only	Cervical cancer screening	Pap smear	<input type="checkbox"/>	<input type="checkbox"/>
	Breast cancer screening	Breast ultrasound	30 years old and over	<input type="checkbox"/>
		Mammography	×	Select one

● Included in the course ■ Your test method options differ at each medical facility □ Optional

Notes

- ✓ Age as of March 31, 2025
- ✓ Book early if you wish to select standard or advanced checkup.
- ✓ You must pay the amount of the fee exceeding the upper limit if the total cost of the advanced checkup and optional exams exceeds the upper limit. (The upper limit is 46,000 yen for males and 57,000 yen for females.)
- ✓ If you turn 75 **before March 31, 2025**, you must schedule your checkup by the day before your 75th birthday.
- ✓ You can undergo the items and optional exams other than those specified by FR Health Insurance Organization by covering the entire fee (Please directly check with the medical facility where you booked).
- ✓ You must pay the entire fee of all tests included in the checkup when you undergo the checkup after you become ineligible for FR Health Insurance Organization.

Examination items ● is a mandatory item. To cancel items, please refer to “Frequently Asked Questions (Q3, Q16)” on pages 8 and 9.

●: Mandatory (Included in the course) ■: Mandatory (Your test method options differ at each medical facility) □: Optional

Eligible persons			FR Health Insurance Organization Member			Non-member
Age (as of March 31, 2025)			34 years and younger 36 - 39 years old	35 years, or 40 years and over (select one)		Persons of all ages
Course Name			Basic checkup	Standard checkup	Advanced checkup*1	Basic checkup
Consultation	Interview	Questionnaire (including five items required for special checkups)	●	●	●	●
	Physical findings	Medical history	●	●	●	●
		Subjective symptoms	●	●	●	●
		Objective symptoms	●	●	●	●
Physical measurements (height, weight, BMI, abdominal girth)			●	●	●	●
Blood pressure			●	●	●	●
Eye test			●	●	●	●
Hearing test			●	●	●	●
Urine test	Urinary protein, Urinary sugar, Urinary occult blood		●	●	●	●
	Urobilinogen, Urine specific gravity, Urine pH, Urinary sediment				●	
Lung cancer screening	Chest X-ray		●	●	●	●
	Electrocardiogram		●	●	●	●
Blood test	Liver function	AST (GOT), ALT (GPT), γ -GT (γ -GTP)	●	●	●	●
	Sugar metabolic	Fasting blood sugar level, Hemoglobin A1c (HbA1c)	●	●	●	●
	Lipids	Total cholesterol (TC), Triglyceride (TG), HDL cholesterol, LDL cholesterol	●	●	●	●
	Kidney function	Creatinine (Cr), e-GFR, Uric acid (UA)	●	●	●	●
	General blood test	Red blood cell count (RBC), Hemoglobin level (Hb), Hematocrit value (Ht), Mean corpuscular volume (MCV), Mean corpuscular hemoglobin (MCH), Mean corpuscular hemoglobin concentration (MCHC), White blood cell count (WBC), Blood platelet count (PLT/PL)	●	●	●	●
	Others	Urea nitrogen (BUN), ALP, Total protein, Total bilirubin, Serum amylase, Albumin, A/G ratio, ZTT, TTT, LDH, ChE, Serum iron			●	
Colon cancer screening	Fecal occult blood test			<input type="checkbox"/> (40 years old and over)	●	●
	Abdominal ultrasound				●	
Lung function test					●	
Ophthalmology	Fundoscopy				●	
	Tonometry				<input type="checkbox"/>	●
Stomach tests	Stomach cancer screening	Stomach X-ray				■ (Select one)
		Gastroscopy				
	ABC checkup				<input type="checkbox"/>	
Helicobacter pylori test				(Select one, every 5 years from age 20 years)*2		
Cervical cancer screening	Pap smear				<input type="checkbox"/> *3	
Breast cancer screening	Breast ultrasound		<input type="checkbox"/> (30 years and over)		<input type="checkbox"/>	
	Mammography				(Select one)*4	

*1 You must pay the amount of the fee exceeding the upper limit if the total cost of the course and optional exams exceeds the upper limit. (The upper limit is 46,000 yen for males and 57,000 yen for females.)

[ABC checkup or Helicobacter pylori test]

*2 ABC checkup or Helicobacter pylori test are tests of which it is said to be sufficient to undergo them only once in one's lifetime. (changed to 'from age 20' in 2024).

Applicable to those who haven't taken either of the tests before.

You can undergo the test if you cover the entire fee (Please check with the medical facility you booked).

If you have already undergone the test, please undergo the test regularly with your family doctor or undergo a gastroscopy regularly, depending on your test results.

[Cancer screening (stomach cancer / colon cancer / uterine cancer / breast cancer)]

*3 Recommended to test once every two years

*4 Recommended to test once every two years / Mammography recommended for 40 years and older

- If it is difficult to undergo the screening at the same time as your checkup at your medical facility, please undergo the screening test performed by your municipality.
- If you are undergoing the test by your family doctor regularly, please check with your doctor if it is time to have another one.
- You can undergo the items and optional exams other than those specified by FR Health Insurance Organization by covering the entire fee / Please directly check with the medical facility where you booked

Quick reference matrix for age at five-year intervals (reference date for age: March 31, 2025)

20 years old: Born in the period from Apr. 1, 2004 to Mar. 31, 2005
25 years old: Born in the period from Apr. 1, 1999 to Mar. 31, 2000
30 years old: Born in the period from Apr. 1, 1994 to Mar. 31, 1995
35 years old: Born in the period from Apr. 1, 1989 to Mar. 31, 1990
40 years old: Born in the period from Apr. 1, 1984 to Mar. 31, 1985
45 years old: Born in the period from Apr. 1, 1979 to Mar. 31, 1980

50 years old: Born in the period from Apr. 1, 1974 to Mar. 31, 1975
55 years old: Born in the period from Apr. 1, 1969 to Mar. 31, 1970
60 years old: Born in the period from Apr. 1, 1964 to Mar. 31, 1965
65 years old: Born in the period from Apr. 1, 1959 to Mar. 31, 1960
70 years old: Born in the period from Apr. 1, 1954 to Mar. 31, 1955
75 years old: Born in the period from Apr. 1, 1949 to Mar. 31, 1950

First time
i-Wellness
user

Forgot my
ID/password

Initial registration of the booking system

Access **i-Wellness** and select initial registration
健診ポータル

<https://i-wellness-p.com/j00/j00201.jsf>



* Registration for dependents is not on the same screen. Please refer to the guide sent to the dependents.
* Please register an email address except for Gmail. Gmail may not receive the notifications.

Initial
registration

Select "Registration" at login screen

Terms and
Conditions

Please check the contents and click "Agree."

Registration to
use the website

Enter your 8-digit employee number including 0 at the beginning, full name, gender, birthday, e-mail address, and secret question and answer.
Please check the contents and click "Register."

* If you are not a member of FR Health Insurance, use Roman characters (half-size; example: Kenpo Taro).



The registration name must be the same as the one on the FR Health Insurance Card.

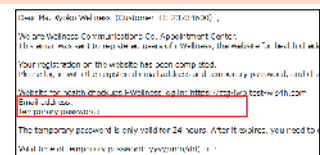
Address
registration

Enter your postal code, prefecture, city, town/address, and building, etc. (such as the name of apartment, room number).
Check your entries and click "Register."

Completion of
website
registration

Confirm the email message sent to your registered email address.

Subject: [i-Wellness Health Checkup Portal]
Your user registration is completed.



Member login
screen

Enter your ID (the email address mentioned in the "[i-Wellness Health Checkup Portal] Your user registration is completed") and the tentative password (indicated in the same message), then click "Log in."

Change of
initial password

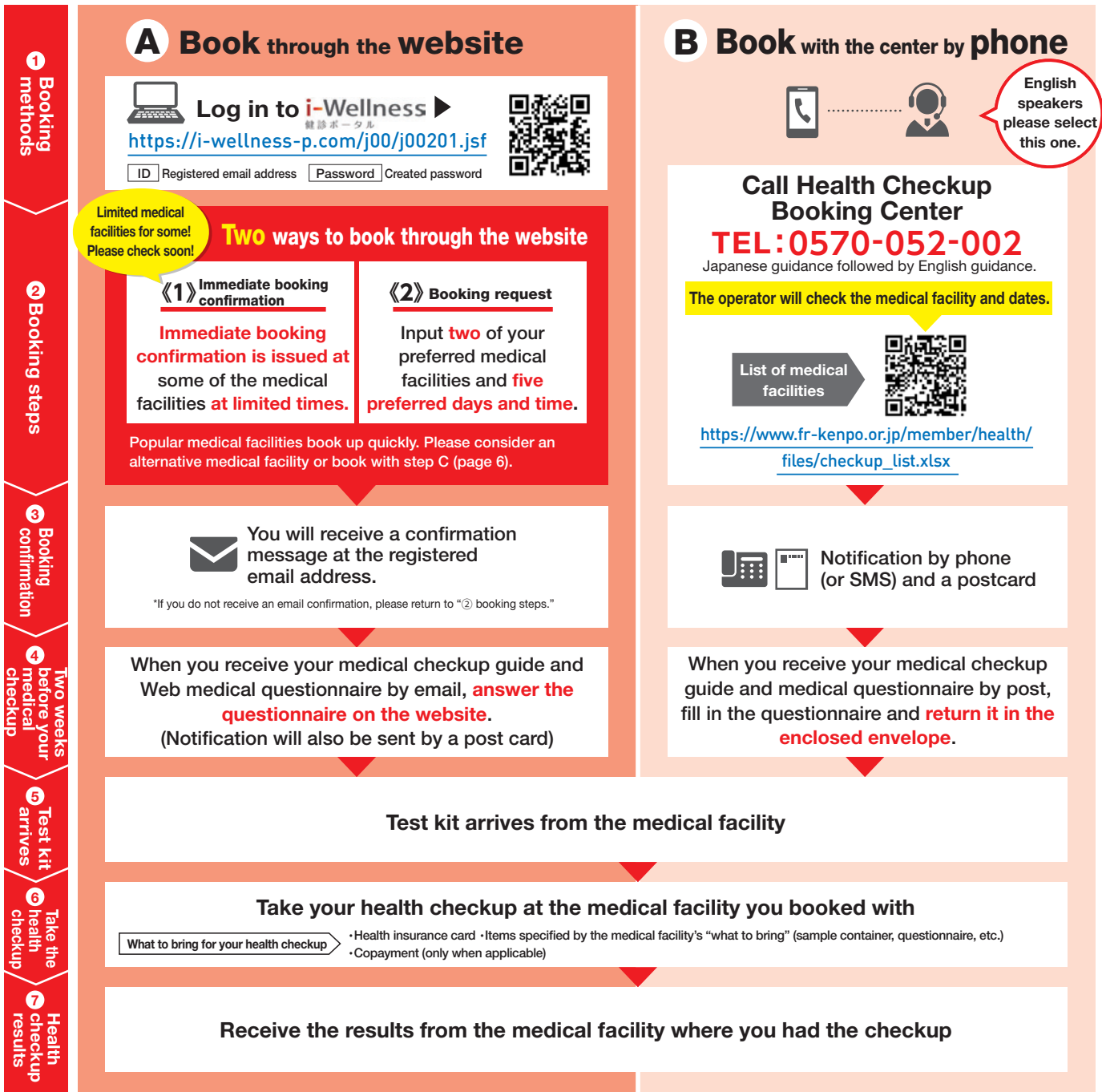
Within 24 hours, select your own password, and click "Register."

*The password must have at least eight characters and must include at least three of the following types in half size: number, upper case letter, lower case letter and symbol.

Complete the
change of
initial password

You will receive an email message informing you that the password was changed.

Subject: [i-Wellness Health Checkup Portal] Your password change has been accepted.
When you receive the email for the password change acceptance, check pages 5 and 6, and book your checkup.



Steps from application to checkup

Select one of A/B (page 5) or C (page 6) and book your checkup.

- ✓ Please make sure to **check the medical facility list**, as the number of facilities where you can book directly is limited.
- ✓ Please book the checkup day **within the specified period** and more than **two weeks ahead of the day you book**.
- ✓ When booking with the medical facility directly, you **must report it (on the website or phone) on the same day**.
- ✓ If your registered details and the booking details at the medical facility don't match, the Health Checkup Booking Center will contact you.



Notes

* The checkup booking will not be accepted if you fail to report on the day or do not respond to the Health Checkup Booking Center. (If you take the checkup, the checkup will not be provided by the company. **You must cover the entire fee; there will be no refund later.**)



C Book directly at the medical facility



- Check courses and options (pages 2 - 3)
- Check which medical facility is available for direct booking from the medical facility list (2D code)
- Have your insurance card handy if you are a member of FR Health Insurance Organization

Available medical facilities have for direct booking.

List of medical facilities



https://www.fr-kenpo.or.jp/member/health/files/checkup_list.xlsx

- Call the medical facility and report the following five items

- ① You are employed by Fast Retailing Group.
 - ② The health checkup is via Wellness Communications Corporation.
 - ③ The course and optional items (choose the name from page 2).
 - ④ Your choice of the checkup day (please book at least two weeks ahead).
 - ⑤ Your full name, date of birth, address and phone number.
- * Check your dietary regulation and what to bring on the checkup day

- Report your booking with one of the below (**within the day** you made a booking)

* The next business day, if it falls on Saturday, Sunday or public holiday.

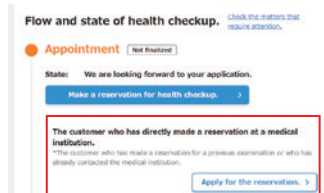


● Register on the **website**



<https://i-wellness-p.com/j00/j00201.jsf>

Log in i-Wellness and select "Register booking"



● Call the **Health Checkup Booking Center**

TEL:0570-052-002

[Hours] 8:30 - 19:30
[Non-business days] Saturdays, Sundays, public holidays, Dec. 28 to Jan. 5

Choose the number according to the guidance.
Select 1 for Japanese, 2 for English

3. You have your checkup date confirmed
 2. You have a direct booking with a medical facility
 2. After you enter your information, you will be connected to an operator
- * When the operator answers, please advise your direct booking details.



After the Health Checkup Booking Center checks your booking with the medical facility, you will receive a confirmation notification by email.



Notification by phone (or SMS) and a postcard

When you receive your medical checkup guide and Web medical questionnaire by email, **answer the questionnaire on the website** (you will also receive a notification postcard).

When you receive your medical checkup guide and medical questionnaire by post, fill in the questionnaire and **return it in the enclosed envelope**.

Test kit arrives from the medical facility

Take your health checkup at the medical facility you booked with

What to bring for your health checkup > Health insurance card · Items specified by the medical facility's "what to bring" (sample container, questionnaire, etc.) · Copayment (only when applicable)

Receive the results from the medical facility where you checked up

Please see page 7 to change or cancel your booking.



Direct booking troubleshooting

Please see pages 8 and 9 for Frequently Asked Questions.

Q1. My direct booking request was denied when I called the medical facility directly. I contacted and booked my checkup at a medical facility that was not available for direct booking.

A1. The medical facilities that accept direct booking are specified. Please see the list of medical facilities on page 6, and select the facility with direct booking.

Q2. I made a direct booking at a medical facility, but I don't know how to report it.

A2. Please see page 6 "4. Report Booking" and report on the website or call the Health Checkup Booking Center.

Q3. I'm having trouble getting through to the medical facility.

A3. Please wait for a while and call again. Or please try booking using steps A or B on page 5.

Q4. I just noticed that the booking report and the booking details at the medical facility are different. What do I do?

A4. Please call the Health Checkup Booking Center.
* If the center has discovered the difference, the center will contact you. Please follow the instructions.

Q5. What do I do when the booking details are different from the booking confirmation notice (phone call or postcard)?

A5. Please call the Health Checkup Booking Center.

Changing or cancelling your booking

● Prior to **8 days of your checkup**: Use i-Wellness

Change Booking

- ① After logging in, click "Booking."
- ② Click "Change Booking."

Cancel Booking

- ① After logging in, click "Booking."
- ② Click "Cancel Booking."



- **7 to 2 days before** your checkup: Contact the **Health Checkup Booking Center**
- **The day before or on the day** of checkup: Contact **the medical facility** and the **Health Checkup Booking Center**

Health Checkup Booking Center



TEL: 0570-052-002

[Hours] 8:30 - 19:30 [Non-business days] Saturdays, Sundays, public holidays, Dec. 28 to Jan. 5

Frequently Asked Questions

Q1.	I joined the company on March 1, 2024. Which checkup do I have to undergo, the checkup at the time of employment (for contract employees, temporary employees and permanent employees) or the annual health checkup?
A1.	<p>Please undergo the checkup at the time of employment. (You cannot take the annual health checkup.)</p> <p>Supplement Please immediately undergo the checkup at the time of employment (for contract employees, temporary employees and permanent employees).</p>
Q2.	<ul style="list-style-type: none"> • I am a temporary “arbeit” employee and a member of FR Health Insurance Organization. Is it mandatory to undergo the annual health checkup? • I changed to a temporary “arbeit” employee after April 2, 2024. Can I undergo the health checkup?
A2.	<p>If you are aged 40 years or older and a member of FR Health Insurance Organization, you are eligible to take the health checkup under laws specified by the Japanese government. So, please make sure to undergo the checkup. If you are under 40 years old, you can undergo the health checkup on a voluntary basis.</p> <p>Supplement Each course of the annual health checkup covers the items of specific health checkups.</p>
Q3.	I'm pregnant. Do I have to undergo the health checkup?
A3.	<p>Workers must undergo the checkup even if they are pregnant.</p> <p>Supplement However, if your family doctor determines that you are unable to undergo a checkup, you do not have to. But please report it to your supervisor. If you undergo a checkup, inform the medical facility that you are pregnant.</p>
Q4.	I forgot my ID / password for i-Wellness. What do I do?
A4.	<p>Please try the initial registration again on page 4.</p> <p>Supplement Please contact to the center below if you have any questions on navigating i-Wellness. Health Checkup Booking Center TEL:0570-052-002 [Hours] 8:30 - 19:30 [Non-business days] Saturdays, Sundays, public holidays, Dec. 28 to Jan. 5</p>
Q5.	I am due to retire soon. Can I still undergo the annual health checkup?
A5.	<p>Yes, you can.</p> <p>Supplement Please complete the checkup before your retirement date. We will charge you all costs if we find that you underwent the checkup after your retirement date.</p>
Q6.	I am absent from work / on leave. Can I undergo the health checkup?
A6.	<p>Yes, you can.</p> <p>Supplement Please refer to the information pamphlet that will be sent to your address.</p>
Q7.	I am eligible for an annual health checkup and night-work health checkup. Do I need to take both?
A7.	When you undergo an annual health checkup, that covers the night work checkup, too. So, please make sure to undergo an annual health checkup.
Q8.	I underwent a night work health checkup before April. Do I need to take an annual health checkup, too?
A8.	Please undergo the checkup. The checkup period differs. Please check the guidance from the company.
Q9.	What should I do if I want to undergo the checkup immediately?
A9.	You can't book till two weeks later at the earliest. Please see page 5 and 6, and book your checkup as soon as possible.
Q10.	What do I do if I'd like to take the items and options not mentioned in the Guide to the Annual Health Checkup?
A10.	<p>Please contact the medical facility where your checkup is booked. FR Health insurance organization will not cover the cost for optional exams that are not on the Guide to the Annual Health Checkup.</p> <p>If you wish to undergo optional exams other than specified by FR Health Insurance Organization, you have to pay the entire cost. (You don't have to submit the results of the optional exams that you covered the entire cost.)</p>
Q11.	I was not able to undergo the checkup owing to poor health or other unavoidable reason. What should I do to change or cancel my appointment?
A11.	<p>Please follow “Changing or cancelling your booking” on the lower section of pages 5 or 7 and proceed.</p> <p>Supplement Be sure not to cancel your appointment without prior notice. Otherwise, you may be unable to use the contracting facility for future checkups.</p>
Q12.	After I took the Headquarters/Head Office's internal health checkup, I found that I am eligible for the standard checkup / advanced checkup. Can I take the checkup?
A12.	No, you cannot undergo the checkup.

Q13.

I am not eligible for the standard checkup / advanced checkup because of my age. Can you still provide it?

A13.

No, you cannot undergo the checkup.

Q14.

The facility where I underwent a health checkup last year is not included on the list of health checkup facilities. Where can I undergo the checkup?

A14.

Please select another medical facility in the list. We may not offer the same medical facility for checkup on the list every year due to some circumstances by medical facility.

Q15.

There is no medical facility on the list where I can go from my shop or home (too far away).

A15.

Only when physically impossible, you can book your checkup at a medical facility of your choice. (You need to cover the cost and we will reimburse the fee.) Please check the details from the 2D code, or contact the number below.

FR Group Health Checkup Helpdesk
TEL:0120-579-329
[Hours] 9:00 - 17:00
[Non-business days] Saturdays, Sundays, public holidays, year-end and New-year holidays
<https://wellcoms.jp/data/news/251/news.pdf>



Q16.

I did not take a urine test on the day of the health checkup. Is this procedure necessary?

A16.

Please do not leave it but rebook your checkup as soon as possible.

Supplement If there are no results of the statutory test item, it is regarded as not having been conducted. Please book a later date for urinalysis at the medical facility where your checkup is conducted. Please be sure to undergo the test on the booked date.

Q17.

If I have to take detailed examinations based on the results of the health checkup, will I receive any subsidies from the FR Health Insurance Organization?

A17.

No, you will not receive any subsidies.

Supplement Please undergo the detailed examinations using your health insurance card.

Q18.

I cannot access the health checkup booking system from overseas.

A18.

If you can't access the system, please phone the call center for overseas employees as follows for help.

TEL: (+81)3-6705-0259
[Hours] 8:30 - 19:30 (Japan time)
[Non-business days] Saturdays, Sundays, public holidays, Dec. 28 to Jan. 5

Q19.

Recently a member of my family became a dependent on my insurance. Can my dependent undergo the family health checkup in FY 2024?

A19.

Persons eligible for the family health checkup in FY 2024 include the following:

- ① Spouse who became a member of the FR Health Insurance Organization by April 1, 2024
- ② Dependents other than a spouse who became a member of the FR Health Insurance Organization by April 1, 2024 and will become 40 years or older in FY 2024 (April to March)

Supplement

- Family members who became a member of FR Health Insurance Organization after the above date are ineligible for a checkup in FY 2024.
- Should be eligible on the appointment date.

Q20.

I haven't received the checkup guide for a family member. Can you send it?

A20.

Please check the details from the 2D code, or contact the number below.

Health Checkup Booking Center

TEL:0570-052-002

[Hours] 8:30 - 19:30

[Non-business days] Saturdays, Sundays, public holidays, Dec. 28 to Jan. 5

You can check the guide for health checkups on the FR Health Insurance Organization website.

https://www.fr-kenpo.or.jp/eng/member/health/checkup_family.html

FR Health Insurance Organization website



Q21.

Can I ask for the issuance of the results of previous annual health checkup from FR Health Insurance Organization?

A21.

FR Health Insurance Organization cannot issue these results.

Please contact the medical facility where you had your checkup. If you have registered, you can view your results from Growbase (please see page 10).

Q22.

It's one week before the checkup, but I haven't received my questionnaire and test kit.

A22.

Please contact and check with the medical facility you booked.

Q23.

I booked/underwent my checkup outside of my checkup period.


A23.

You can undergo the checkup only within the specified period, April 15, 2024 to August 31, 2024. If you already had the checkup, please check the guidance from the company.

Support after your checkup

Undergoing the health checkup is not the end. The follow-up is important! Depending on your results, the company or FR Health Insurance Organization will contact you. Please follow it up according to the guidance.

* "Recheck" instructions will be different from the hospital and the company. Please follow them up immediately on both of the instructions (Both the company and FR Health Insurance Organization's instructions are mandatory).

You can also check your  health checkup results on <https://fr.karakoko.jp/login>



ID 8-digit employee number (including the first 0)

Initial password Date of birth (YYYYMMDD)

* If you have changed your initial password, please use your new password to log in.



If your "results" need follow-up,

You will receive an email.

* If you haven't registered your personal address or business address, your supervisor will be contacted.



FR Health Insurance Organization

Prevention is also important!

FR Wellness Center (the company)



Receive health guidance!!

Take a re-checkup!!

You must not keep on working!!

Consultation



Therapy



Working condition review (work restriction)



Improved!



Keep working moderately without taking time off.

GOAL! Work in good health GOAL!





Health support by FR Health Insurance Organization

The link except PepUp is in Japanese only.

Health support for applicable persons +

Look ahead to the **next 5 to 10 years.**

● Health support tailored to your age and health to build a healthy body

Age	Type			
≤39	Under 40 health support (Prevention of lifestyle related diseases)	High-risk health support [Prevention of worsening of lifestyle related diseases] [Prevention of chronic kidney disease (CKD)]	Health support to encourage to see a doctor <i>Please arrange your checkup immediately if your results are "medical care required," "checkup required" or "detailed examinations required."</i>	For details on each health support service, please refer to the instructions that are distributed to the applicable persons.
40 - 62	Over 40 health support (Prevention of lifestyle related diseases)			
63 - 74				Wholesome Health Support 

● Flow * "Health support to encourage to see a doctor" is a different flow.




More health support available.

Complimentary All

PepUp

Portal site for you to check health information, medical fees, etc. Earn 300 points when you first register.



Complimentary All

Dental examination


Are you worried about bad breath by wearing a mask?



Supplying information

Female health

Easy to understand health information for both men and women, with plenty of illustrations



Other support

Offering fun events for you to join in.



Privacy policy

You are asked to consent to the following policies before receiving a health checkup.

● Joint implementation of the annual health checkup

FR Health Insurance Organization implements annual health checkups for insured persons and provides post-checkup guidance jointly with each of the following business offices based on the “Memorandum on Promotion of Collaborative Healthcare” signed on April 1, 2021 for FAST RETAILING CO., LTD., UNIQLO CO., LTD., G.U. CO., LTD., LINK THEORY JAPAN CO., LTD., PLST CO., LTD., EDICA CO. LTD., and INNOVATION FACTORY Co., LTD.

● Scope of personnel using personnel information

Business offices: Industrial physicians, public health nurses, staffs in the departments of occupational health

FR Health Insurance Organization: Medical advisers, public health nurses, staffs in charge of health business

Wellness Communications Corp.: as mentioned under “Handling of personal information by Wellness Communications Corporation” below.

Itochu Techno-Solutions Co., Ltd.: We may browse and/or use personal information only if requested by FAST RETAILING CO., LTD. or FR Health Insurance Organization to handle system failure and support.

Medical facilities: as mentioned under “Handling of personal information by medical facilities” below.

● Parties responsible for administering personal information

Director in charge in FR Wellness Center, FAST RETAILING CO., LTD.

Managing director of FR Health Insurance Organization

● Purpose of use

- To fulfill the company's duty of care stipulated in the Industrial Safety and Health Act and Labor Contracts Act.
 - To provide health guidance by medical advisers, industrial physicians, and public health nurses, etc., to prevent deterioration or an increase in severity.
 - Payment of benefits, collection of insurance premiums, and insurance business implemented by the FR Health Insurance Organization according to the Health Insurance Act (see “Details of privacy policy/purposes of use of personal information” below)
 - To provide health services such as guidance to maintain and improve health and to prevent worsening, encouragement to undergo health checkups, information (DM to eligible persons, etc.) and health counseling
 - An email is sent to forward the URL of the Health Management Web Portal for new registration.
- * Your company may deliver the guide from FR Health Insurance Organization.

● Details of privacy policy / purposes of use of personal information

The privacy policy is disclosed on the FR Health Insurance Organization website. Health checkups are received upon agreement with the terms displayed.

<https://www.fr-kenpo.or.jp/member/info/policy.html>



— Handling of personal information by Wellness Communications Corporation —

Your personal information provided to Wellness Communications Corp. will be shared with medical facilities, transportation facilities, and other third parties involved in operating the tasks.

Wellness Communications Corp. will collect your medical checkup results and the questionnaire responses and submit them to FR Health Insurance Organization. The Organization will utilize them to improve health services.

Please apply on the premise that you agree to the above when using our system.

You can check the privacy policy of Wellness Communications Corp. on our website: <https://wellcoms.jp/privacy/>.

<Handling of personal information by the checkup service booking agency>

- Wellness Communications Corp. retains the personal information of the applicant, including the full name, date of birth, address, phone number, email address, gender, and the health insurance card symbol and number, and provides it to FAST RETAILING CO., LTD. and FR Health Insurance Organization.

— Handling of personal information at medical facilities —

- For health checkups, medical facilities obtain personal information from applicants, including address, telephone number, date of birth, and the health insurance organizations to which they belong.
- The medical facility will obtain the information from Wellness Communications Corp. to check the above-mentioned booking details.
- The medical facility will provide all personal information, including the personal information that includes the medical checkup results, to Wellness Communications Corp.