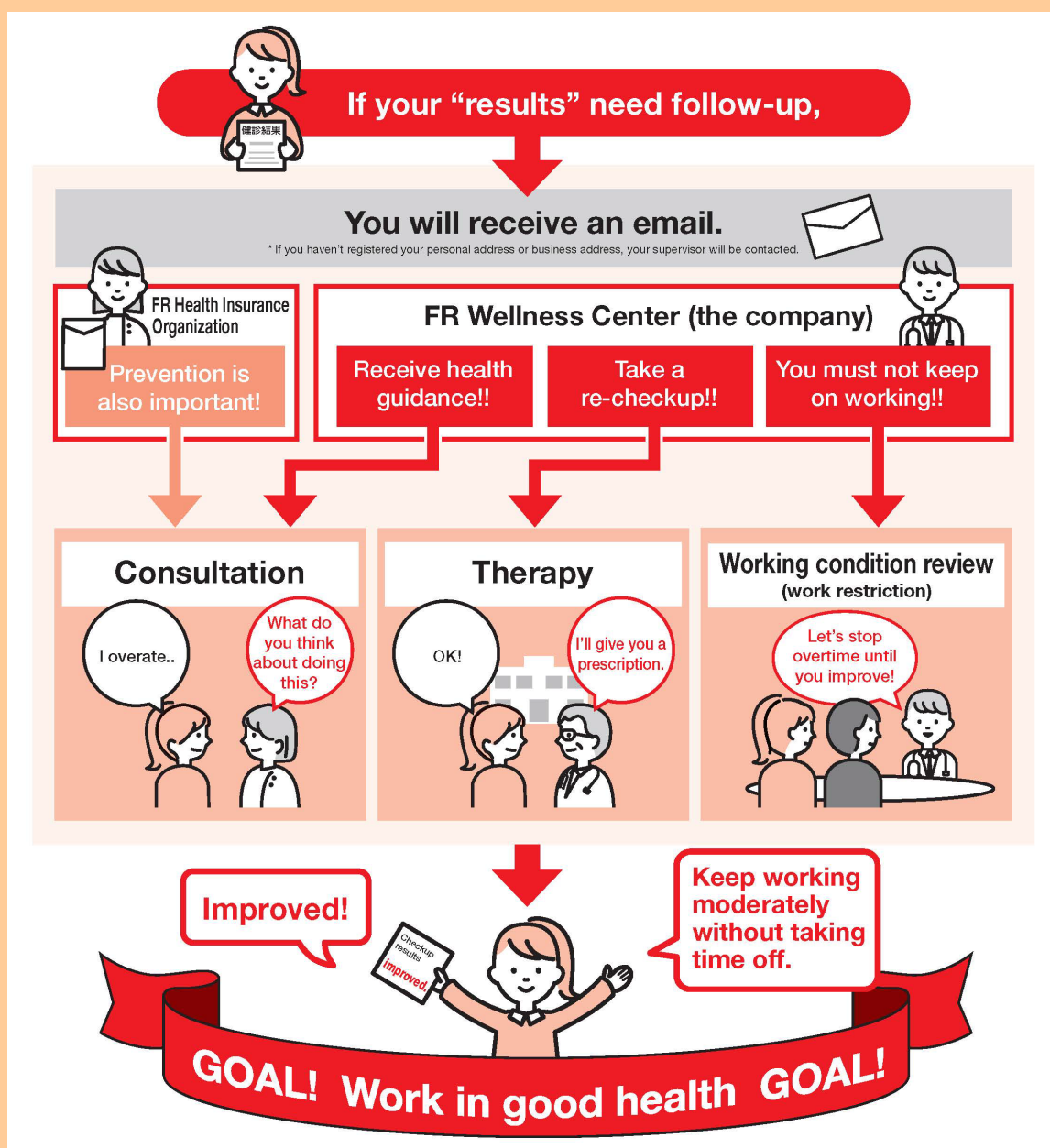


# Health checkup results are **from your body** **a message to you**

After you received the results

1. Check and act on the instructions to have a consultation / improve your lifestyle listed on the health checkup results.
2. Follow the instructions from the FR Wellness Centre (the company) and the FR Health Insurance Organization.



Please scan [here](#) to see how to interpret your results.

