# Cancer Screening

### Which cancer is most likely in my age group?

Source: National incidence(2020); Cancer Information Service

#### Cancer screening tests subsidized by the FR Health Insurance Organization

\* The age at which the screening tests are subsidized differs between employees and their dependents

1		20s		30s		40s		50s		60s		70s
		First half	Second half	First half	Second half	First half	Second half	First half	Second half	First half	Second half	First half
)	1st	Leukemia		Colon		Colon				Prostate		
	2nd	Malignant lymphoma		Leukemia	Stomach	Stomach	Lung			Prostate	Colon	Lung
	3rd	Brain / Central nervous Colon system Thyroid		Malignant lymphoma Thyroid		Kidney / Urinary tract (excludes bladder)	Stomach			Lung Colon		



Male

Ī		20s		30s		40s		50s		60s		70s
		First half	Second half	First half								
	1st	Thyroid		Breast								
	2nd	Ovary	Breast	Thyroid			Ute	rine	Colon			
I	3rd	Leukemia	Ovary	Cervical			Colon		Uterine			

### How can I get the cancer screening with the FR Group Checkup?





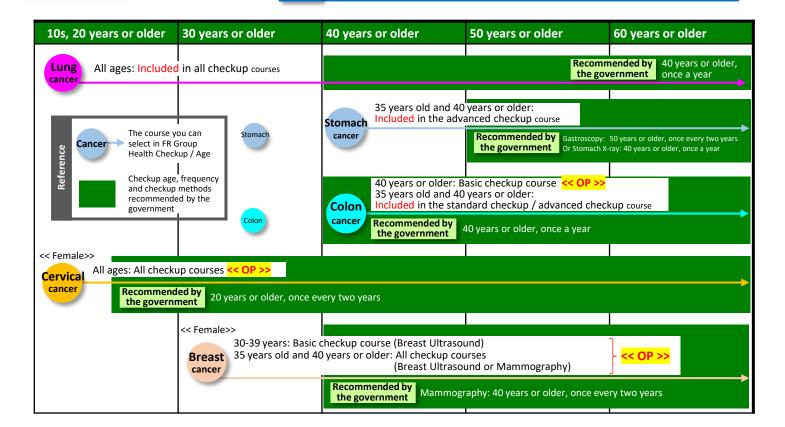
Application not necessary

\*The age at which the tests are subsidized differs between employees and their dependents. Dependents; <a href="mailto:scan here">scan here</a> >



How to apply

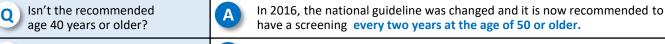
1) Check (√) the option selection page on the WEB reservation website (i-wellness)
2) Booking with the center by phone, Booking directly at the medical facility:
Please inform them that you would like add an option.



## Cancer Screening

#### **FAQ**

## Stomach cancer



Are there any checkups that do not include stomach X-ray or gastroscopy?

The standard checkup course does not include "stomach X-ray, gastroscopy," "blood sampling for detailed tests," etc.



Differences in Health Checkup Courses (Employees) >>>

Can the ABC checkup be a

The ABC checkup investigates the possibility of developing

Substitute for a stomach cancer screening?

The ABC checkup investigates the possibility of developing stomach cancer and is not a substitute for a stomach cancer screening.

However, the results of the ABC checkup will indicate your

risk level, allowing you to schedule regular gastroscopy screenings accordingly.



<u>Understanding the ABC Checkup</u> >>>



I don't want to undergo mammography because it hurts.

Breasts swell before menstruation and become sensitive. If it's painful for you, please try to undergo mammography after your period.

We recommend mammography for those who are 40 years or older.



Only Japanese sites

available

Cervical cancer

My period started.
Can I cancel the test?

A Please call the medical facility directly and check if you can reschedule your pap smear test.

Q I'm concerned about uterine cancer.

I received the cancer screening

notice from my municipality.

Which one should I choose?

Q

A Please perform the self-check described in "Women's Health" on the website on the right. If you have symptoms, please call the medical facility before your checkup or consult with your doctor during the checkup.

Please choose either one of the municipality screening or



Others

Does the government The government recommends only five types of cancer recommend all cancer screenings (lung, stomach, colon, cervical and breast screenings? cancer) for group health checkups (e.g. workplace checkups). The reason is that there are screening methods that can detect cancer early, and it has been scientifically proven that treatment can reduce the mortality rate. I am also concerned about The cancer risk is different for each individual depending cancers other than the five on their family history and other factors. mentioned above. If you wish to have more screening tests other than those mentioned above, you can add them at your own I am not within the eligible age, expense. but I am concerned because I Please contact the medical facility where you booked have a family history. your appointment. What is the differences between Please see "Differences in Health Checkup Courses (Employees)" on the right. the standard checkup course and the advanced checkup course?



Differences in
Health Checkup
Courses
(Employees)

the FR Group health checkup.