

# Stomach cancer risk test Understanding

# the ABC Checkup



**The ABC checkup  
once** in your lifetime.

The ages for which the ABC checkup /  
Helicobacter pylori test is subsidized:  
[Employees] 20 years or older, once every five years  
[Dependents] All ages



Regular **gastroscopy  
based on  
your risk level.**



**Important**

**Those not eligible  
Those who need to take  
caution**

Has gastrointestinal  
symptoms

Had a gastrectomy

Received Helicobacter pylori  
eradication treatment

Taking an antacid

Under treatment for stomach ulcer,  
duodenal ulcer, reflux esophagitis, etc.

Please continue your treatment /  
tests with your primary doctor.  
(Please consult your primary doctor to  
determine if the test is necessary)

We do not recommend this test  
because the result may not be  
accurate.

Have taken antibiotics for  
a long time

Have chronic  
kidney disease

Immunocompromised  
or taking steroids



## Understanding and Interpreting the ABC Checkup Results

ABC classification		Class A	Class B	Class C	Class D	Class E (Helicobacter pylori eradicated individuals)
Checkup results	Helicobacter pylori *	Negative (-)	Positive (+)	Positive (+)	Negative (-)	Not applicable to "stomach cancer risk classification"
	Pepsinogen level	Negative (-)	Negative (-)	Positive (+)	Positive (+)	
Condition of the stomach	Prognosis of the stomach mucosa	No atrophy	Mild	Progressing	Severe	Improving with long-term follow-up
	Stomach cancer risk level	Low			High	The risk decreased by 34% after Helicobacter pylori eradication
	The likelihood of developing stomach cancer within a year	Almost zero	One in 1000	One in 500	One in 80	One in 500
Treatment	Helicobacter pylori eradication	Not necessary	Necessary	Necessary	Necessary	Necessary if the previous eradication treatment was unsuccessful
Follow-up test	Necessity and frequency of gastroscopy	Not necessary in principle (If done, about once every five years)	Receive treatment under your primary physician. Follow your physician's instructions on the frequency of your checkup.			
			(as a guide) Within three years	(as a guide) Within two years	(as a guide) Every year	-

\* The "Helicobacter pylori test" option by FR Health Insurance Organization is "Pylori (IgG Antibody) Test." Quote: 日本胃がん予知・診断・治療研究機構(2019年6月)

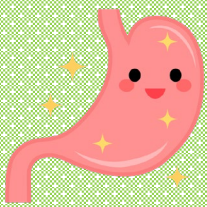
The ABC checkup is a stomach cancer risk test.

Please undergo regular gastroscopy at a frequency appropriate to your risk level.

[Details of the ABC checkup](#) >>>



Only Japanese  
sites available



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# the ABC Checkup



What should I do? Quick reference for ABC checkup / Helicobacter pylori test



References

**[For those who have never had a gastroscopy]**

Please consider gastroscopy in the Advanced checkup course to check your stomach condition.

\* Advanced checkup course eligible age: Employees, 35 years and 40 years or older / Dependents, 50 years or older

The ABC checkup is a stomach cancer risk test.

Please undergo regular gastroscopy at a frequency appropriate to your risk level.